



Swing Dancing at the Childress Klein YMCA!



Eric and Stephanie Simpson of Lovin' Lindy return to the YMCA to teach classes in the Lindy Hop, the original form of swing dancing! Lindy Hop is a fun way to stay in shape and meet new people.

Intermediate Blues

**Childress Klein YMCA Multipurpose Room
Mondays, April 19 – May 10, 2010
7:00 - 8:00 PM, Lesson**

GUEST INSTRUCTORS: ZOE WHITTAKER & CHI CHINAKA

This class begins on the foundation that you are familiar with the step-tap, juke joint, ballroomin', and fishtailing, and that you understand different forms of blues dancing. You feel comfortable establishing distance and gently connecting with your partner, and you know what "frame" is.

In this course, you'll learn syncopation; weight, momentum, and level changes; stylings (for everyone); and all manner of axis movements.

NO PARTNER REQUIRED!

PREREQUISITE: Blues 101, or previous experience with basic Blues as explained above.

FEE: \$40 / person (\$5 discount for YMCA Members)

TO REGISTER: Fill out the registration form below.



**We pride ourselves on fostering a fun, non-threatening learning environment.
For more information, visit <http://www.lovinlindy.com>.**

**✂ Cut here and submit with your registration fee (made payable to Stephanie Simpson) to:
Lovin' Lindy, 6632 Old Post Road, Charlotte, NC 28212.**

REGISTRATION FOR SWING DANCE CLASSES AT CHILDRESS KLEIN YMCA *Intermediate Blues, April 19 – May 10, 2010*

First Name: _____ Last Name: _____
Street Address: _____
City, State, Zip: _____ Best Phone # to contact you: _____
Email Address: _____ Lead (Male) or Follow (Female)? **L F**

Are you a member of the YMCA? **Y N** Cost: \$40 / person for series (\$5.00 OFF for members of the YMCA). No drop-ins.

**** If class is within 3 days, please bring your registration form and payment to the first night of class. ****